

## Rotary Meeting 5<sup>th</sup> April 2017 – Dot points.

Welcome by Vice President John Clements.

**Present:** J.Clements, P.Northrop, D.Wade, G & M. Fallon, M.Henderson, B & L Tait, C.Barker, P.Hughes, S & T Bennett, M.Farr, D.McQueen, J.Barbey, A & M Hunter, J.Books, J.Williams, K & S Davis, W.Kemmis, K.Davis.

**Apologies:** L & G St Clair, A & R Bailey, L.Lemon

**Leave:** Pam Fallon, Gary Latcham, Wendy Thomas

**Welfare:** Francis's birthday today.

### **Guest Speaker – Sheryl Davis – Maternal and Child Health.**

- Nicotine replacement therapy for mums and mums to be.
- A service is provided to Aboriginal & Torres Strait communities to improve outcomes.
- The unit is also aiming for smoke free homes.
- Gestational Diabetes affect 5 – 10% of pregnancies and women need to establish good blood sugar habits, before and during pregnancy.
- The unit ensures staff are aware of fall prevention methods to minimise falls to women and newborns. Hunter New England Health had 36 falls and 10 baby falls in 2016.
- There is an in home service for immunisation in Aboriginal and Torres Strait communities to increase coverage.
- Educational programs in breast feeding are available to encourage this practice as a normal procedure.
- Neonatal Abstinence Syndrome – a program for women on drugs and their care during pregnancy and follow up care.
- Nutrition for children programs to address obesity and poor nutrition.
- Slides shown for healthy tips and snacks.
- Grandparents can help by stocking fridges with healthy foods and exercise.

**Flood Update:** Greg and Meg showed some photos and spoke of the devastation around their town of Murwillumbah. They were forced to evacuate showground and are a month away from returning. 7 lives were lost from drownings. The flood exceeded 1954 levels by 3 feet. They were impressed by the community spirit with volunteers and food parcels being delivered. Emergency Services were and still are active and are doing a fantastic job.

### **General Business:**

- Jodi Lee Foundation – Annette Bailey will put a report on Facebook.
- Berri Muster – held over to next week.
- Alice Springs – a boat will be entered and needs to be made. Members to suggest ideas.

**Jokers Wild:** \$392 was not won by Don McQueen or Terry Barker and jackpots to over \$400 next week.

**Next week's meeting:** Chairperson will be Dennis Wade and dot points Jim Barbey.